



Courtside Chatter

THE PLACE FOR TENNIS IN VENICE

512 N. Auburn Road

Venice, FL 34292

Phone: 941-485-2000

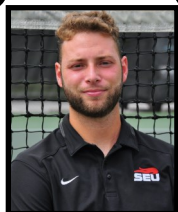
August 2025

Email: Courtsidetc@gmail.com

Website: <http://www.courtsidetennisclub.com>

Pro's Points

Daniel Manieri



Courtside Members – Mark Your Calendars!

Summer Doubles Event – August 9th @ 9:00 AM!

Join us for a fun morning of doubles, great tennis, and even better company. Lunch will be provided, so bring your game and your appetite!

New Clinics Are Here!

Be sure to check out the board on the porch for all the exciting new clinics we're offering. There's something for everyone!

Thursday League Update

Team Isaac is off to a strong start with a 1-0 lead after last week's rain-out. Team Daniel is hungry for a comeback—don't miss the action this Thursday!

Stay Cool, Stay Safe

With the heat turning up, please remember to stay hydrated with water and electrolytes. If you feel lightheaded, sit down, cool off with a cold towel, and take a break. Your health always comes first—heat exhaustion is no joke.

Reminder that Captains need to fill out their league request forms. Please do not forget to do this as the board will be approving leagues in their August board meeting!!

See you on the courts!

Working on Winning,

Daniel Manieri

Tennis Director- Courtside Tennis Club

941-237-1913

dmaniericourtside@gmail.com

News from the Board

The long-awaited fence project is finally nearing completion, with the installation of the gates, which took forever! The fence looks great, and the extra height and lengths of the fencing is a significant improvement. We appreciate your patience throughout this project and will be scheduling a final walk-through soon with the contractor.

Despite the summer heat, tennis activities are in full swing. Members are encouraged to take advantage of the new clinics now being offered by Coach Daniel and Coach Isaac. These sessions provide a great opportunity to sharpen your skills.

As we enter hurricane season, your board has assembled a comprehensive hurricane preparedness package to ensure the safety of our members and the club facilities in case of severe weather. While we all hope that hurricanes will bypass us this year, we are taking proactive measures just in case. In addition, we have scheduled the trimming of our hardwood trees and palms to minimize any potential danger or damage to our buildings and grounds.

You may have noticed some recent upgrades inside the clubhouse, including new toilet paper holders and grab bars. A special thank you goes out to Bob Hebert, Sue's husband, for his time and effort in installing these helpful additions.

Mark your calendars for Saturday, August 9, and join us for our Summer Smash Doubles Social. This event promises to be a fun-filled day of tennis, eating, and socializing.

Stay safe and THANK YOU for your continued support for Courtside Tennis Club.

Keep enjoying the game we love!

Tom Lanigan, President

Courtside Board of Directors

Tom Lanigan—President
Debbie Cavness—Vice President
Lee Scott—Treasurer
Sally Pym—Secretary

Batky Barber
Rosie Greenfield
Sandy Murphy

Ice Cold Towels

Just a reminder on these hot summer days, that by the porch entryway is a cooler with ice cold towels to use for your convenience.

Please return the used towels in the bin next to the cooler.

However, we are running low on towels so check your bag. If by chance you have accidentally taken one of them home, when you get a chance, please return it.

Thank you!

August Birthdays

Mitchell Betty 2
Janet LeBlanc 3
Angie Overdiek 3
Frank Christman 4
Mike Breton 9
Malena Calderon 10
Mary Robinson 18
Chris Wilson 18
Cathy Harper 19
Kathi Cuddy 21
Jill Pitman 22
Betsey Dale 25
Kathy Quinnan 26
Dan O'Shaughnessy 26
Monika Sykorova 31

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Dates to Remember

Mark your calendar!!

Saturday, August 9th-**Summer Smash Doubles**

Monday, August 11th-Board Meeting @ 2:00



Quote of the Month

“Attitude is a little thing that makes a big difference.”

Reminder

All full-time members can pay their monthly membership dues through their bank's Bill Pay Option. Once you set that up with your bank, the bank will send a check directly to Courtside each month on the date you specify.

For your Information

The monthly Courtside Board of Directors Meeting Minutes is posted every month on the bulletin board next to the kitchen window marked Board Meeting Material.

Also, there is a copy of the latest Courtside rules & regulations of the club on the bulletin board as well.

REMINDER

Just a reminder that there is a defibrillator on the porch next to the office door in case of an emergency.



LOST & FOUND—REMINDER

Our Lost & Found is located in our Conference Room just to the left as you enter. Please let's keep the porch ledge surface clean.

Thank you

Courtside Staff



On-Line Reservation 8:00 am., 9:30 am., or 11:00 am

BOOK/CALL ON

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

TO PLAY ON THE FOLLOWING:

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

The on-line reservation system will now be open all year around including all holidays.

Sunday (Office is Closed)

*Court 4 is reserved for lessons & clinics

*Court 5—when available

*During League Play ladies and men will use designated courts as assigned by the Director of Tennis, beginning at noon.

GUESTS

When you have a guest playing at Courtside, please remember to register them in the office. If the office is closed at the time you are scheduled to play, please let Mo or Sue know that you had a guest after office hours. The guest fee is \$15.00. Thank you for your cooperation.

Meet Your Courtside Family!

Vicki Rudnitsky

My husband Ed and I moved to Sarasota in 2012. Naturally for us, the first order of business was to find a tennis club. We were thrilled to find Serendipity (now Sarasota Sports Club), located less than a mile from our house. For several years it was perfect until a new owner took over. His idea was to develop the property and the tennis club was secondary. He quickly ran the facility into the ground and everyone started to leave. Some sent to the Meadows, others to Payne Park and Courtside. I am so grateful to have chosen Courtside. It's a perfect combination of competitive tennis and nice people. I still moan and groan about the drive, but it's a gem of a tennis club, and I'm here for as long as I remain vertical and can hold my racquet.

It's embarrassing to admit how long I have been playing tennis. My parents both enjoyed the game and tried to interest me in it when I was a toddler. However, being a rebellious nature I refused. Rather than picking up a racquet, I preferred to sit on the sidelines and draw pictures in the clay. Oh, the missed opportunities! As I got a little bit older and went to camp I did step onto a court. It still wasn't my favorite activity, but I learned the basics. Years later when I went to High School, we were required to take a sport, so I settled on tennis. My school was very small and could only support one team, so I joined the boys tennis team. Again a missed opportunity. The boys were more interesting to me than the dynamics of my serve. Needless to say, it was excruciating visiting other prep schools because I couldn't hold my own. Also, I was an oddity and drew a lot of attention at all male institutions. In those days, and most of my life, I only played singles. I guess that's why I still hate to come to the net.

I have always been physically active, but never involved in team sports. I love to swim and dreamed as a youngster of swimming The English Channel. I would swim a mile or two in a pool and find it exhilarating. Now I find it boring but still feel great when I am finished (and I don't swim that far anymore.) My family all loved downhill skiing and I tried to become an enthusiast, but it never happened. No one would ski with me because I was too slow and afraid. Eventually, I gave up and discovered cross country. What a joy to be in the woods on a frigid day, sweating beneath the layers of clothing, hearing the swish of your skis against the snow, and to boot there was no standing in lift lines.

For college I went to American University in Washington, DC. Washington was much more diverse than the suburbs of NJ where I grew up. My interest in food and cooking began there. There are so many exotic restaurants. I had never been exposed to anything like it. I can remember telling my friends that I didn't like pizza, because I had no idea what it was. By the time I was a junior, I was ready to move on and decided to take a junior year abroad. I knew someone who was going to Greece and I decided to follow suit. I spent a glorious year studying in Athens. Most of the participants in the program were serious scholars who were interested in ancient languages, archeology or anthropology. Me? I was more about visiting different islands, dancing in Plaka and incidentally absorbing some of the culture. The first time I ever cooked was Thanksgiving dinner for forty five people. The head of our program asked if there was someone you would fix an American style meal. I don't know what came over me, but I raised my hand and said I would do it. It was quite an undertaking. There were three turkeys and one oven. Somehow it all turned out, even the pies. I had found an English language bookstore about a cookbook and followed it to the

Letter. By the time the dinner was served, I had gone to bed, totally exhausted by my efforts.

When the year was over, I was supposed to return stateside and finish college, but decided instead to stay on in Greece. I had a small inheritance, so I had enough money to live on and living was cheap. After eight months of hanging about, I decided that I couldn't be a bum for ever, I left paradise for Cambridge, MA where several of my friends were living. In short order, I met my husband to be and we married about a year later. I did impose a condition to getting married. I made Ed promise that we could live in Greece for another year. So, fast forward to my second pregnancy, he kept his promise. We rented our house, sold our car, he took a leave of absence from his law practice and off we went. It was a great time to be together as a family. My daughter was born in Athens. When she was about a month old, we purchased a VW bus and took off exploring. I think we were the quintessential hippies exploring with an infant and a two year old. It seems daunting to me now, but we had a blast. By the end of the year I was ready to go home. Ed wanted to stay in Greece. Being practical, I said that we had to go sell our house. Back to Massachusetts we trekked. As we settled back down, I decided I didn't want to leave. It was a complete reversal of roles. I realized that we would never be contributing members of the Greek society and always the outsiders. I guess I was persuasive because we happily raised our children in Massachusetts. Also, I was able to go back to college and finish my degree at UMass.

I had an odd career of being a book broker. I worked for a company based in Georgia and traveled New England. I would purchase books from schools that were no longer using them, then resell them. It tapped into recycling and reusing which was something I believed in. I loved traveling around and met lots of interesting people. It was challenging, competitive, and fulfilling. Today, I wonder how I had the energy to pack and carry all those huge boxes of books.

This is about all I can think of for now. Even though I have often wished that I was more artistic or musical, I can happily take advantage of all the theaters and museums that are local. I have found my new paradise and feel blessed to be living in Sarasota.



Courtside's Library

We have a wonderful assortment of books ranging from fiction, nonfiction, romance, mysteries, history, and even a Webster's Universal College Dictionary.

We also have a variety of puzzles, large print books, and audio-books.

All of these have been donated by our amazing members!

Please help yourself & enjoy!!

Informal Groups at Courtside

(M, T, W, Th, F) 8:00 am Contact Steve Robbins
venicewild@gmail.com phone: 941-416-5684

(F) 9:30 am Men Contact Jim Clark
Clarkjm2521@gmail.com or text 224-656-3214

(Sun) Mixed doubles 8:00 am-social play. Contact:
Frank Christman frank.christman@verizon.net 941-497-2904

(W) Mixed doubles 3.0 level and above, various times, all levels.
Contact Jim Clark-Clarkjm2521@gmail.com or text 224-656-3214

(F) Everyone Welcome 3.0 Mixed doubles, various times. Contact Mary Jane (MJ) Obrien 949-290-7853
maryjane.obrien@gmail.com

(S) Saturday Mixed Doubles, all levels, various times. Contact Sandy Murphy 443-735-9699 slmurph1060@gmail.com

Need a pick me up after the match?

Stop by  for a cold drink
and a variety  of snacks!



Remember

Monday-Poach w/Isaac 8:30 am
Monday-Cardio w/Isaac 5:00 pm
Monday-105 Game w/Isaac @ 6:00 pm

Tuesday-The Art of the Backhand @ 8:30 am

Wednesday-Volley, Volley, Volley with Daniel @ 9:00 am (3.5-4.0)
Wednesday-Counterpunch w/Isaac 10:00 am
Wednesday-Grip & Rip with Isaac 5:30-7:00 pm (Member \$23-NM\$30)

Thursday-DST-Doubles strategy & tactics with Isaac 9:00-10:00
Thursday-WOW-Working on Winning with Isaac 10:00-11:00
Thursday-Courtside Champions League with Daniel & Isaac 6:00 pm
(4 week league-\$20-pay when you play)

Friday-Tennis IQ w/Daniel 8:00 am
Friday-The Art of Defense w/Daniel 9:00 am
Friday-Volley, Volley, Volley w/Daniel (2.5-3.0)

Call the office and reserve a spot or sign up on the bulletin board outside the office.

Tips on staying Hydrated

When playing an outside tennis match in Florida, where heat & humidity are significant factors, proper hydration is crucial to prevent dehydration and optimize performance.

Here's a recommended hydration schedule leading up to your match:

◆ **Days before:** Begin hydrating consistently 24 hours (and preferably up to 5-6 days) before the match by drinking plenty of water throughout the day, [according to the USTA](#).

◆ **Match Day:**

Upon Waking: Drink 12-16 ounces of water to kickstart the hydration process.

60-90 minutes before: Drink another 12-16 ounces of water, electrolyte drink, or diluted juice to ensure adequate fluid and electrolyte levels.

10 minutes before: Consume a final 8 ounces of water or a sports drink, [says the USTA](#).

◆ **During the Match:** Drink 4-8 ounces of water or an electrolyte-enhanced carbohydrate fluid at every changeover. Heavy sweaters should increase this to 8-16 ounces. Aim for approximately 32-60 ounces of fluid per hour.

◆ **Pre-Cooling:** Consider using an ice vest, ice blanket, or cold towels for 15 minutes about an hour before playing to help lower your core body temperature, according to the [USTA](#).

◆ **Avoid Dehydrating Drinks:** Limit or avoid sugary drinks, soda, coffee, and alcohol, as they can accelerate fluid loss.

◆ **Wear Appropriate Clothing:** Opt for light-colored, moisture-wicking fabrics and a breathable hat to help reflect the sun's rays and aid in sweat evaporation.

◆ **Listen to Your Body:** Don't wait until you feel thirsty; thirst is a late indicator of dehydration. Drink consistently throughout the day and be aware of potential signs of heat stroke like dizziness or shortness of breath. If you experience these, stop playing, find shade, and rehydrate.

Remember, individual hydration needs can vary based on factors like sweat rate and workout intensity. It's always best to listen to your body and adjust

PlayByPoint (PBP) Tips

Here is this month's PBP tip:

How to Add a Guest User when making a reservation on your phone.

1. Select Guest
2. Fill in Guest Name and Select Accept
3. Select Done

How to Add a Guest User when making a reservation on your computer:

1. Select Add Guest User
2. Guest will appear
3. Select the Edit Pencil and type in the name of the guest and Select Save
4. Continue to Book the court

How to reserve a court in 15 minute/half hour increments for courts reserved at 11am:

Via PBP cell phone app-If you want to reserve a court from 11am-12:30pm, select each half hour increment (11-11:30am, 11:30am-12pm, 12-12:30pm), then select the Court #, Next, add players names, Next, Book.

Or once you have selected 11:00am-11:15am, left click on the reservation, hold the clicker down and drag the reservation to where you want the reservation to end. Release the clicker.

Via PBP website-select the time you would like to start (11am in the example on the right), then select "+ Hour" for each additional 15 minutes. Select "Add Booking", Enter player names, Select "Book".

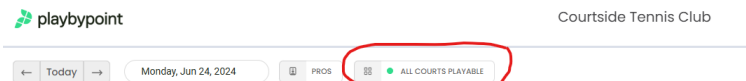
COURT	TYPE
Court 3	clay

DATE
Monday, 26 February 11:00 AM - 11:15 AM (15m)

HOUR + HOUR

ADD BOOKING

Did you know that you can check the availability of the courts by logging into PlayByPoint and seeing the status of the courts when we have inclement weather? If using your laptop/computer, don't forget to refresh the screen for current updates.



For your information

- ⇒ Every night, PlayByPoint (PBP) is refreshed/updated from the day before. To make sure you have the most accurate and up-to-date information on court playability, be sure your web page or app has been updated or refreshed from the night before.
- ⇒ Also, when PBP does system updates, the always logged on users do not get the update and not having the update can cause the user to be cancelled so that reservations cannot be made. Please log off and on each time you use the system.

MANAGING YOUR FRIENDS LIST ON PBP

You can add players to your Friends list by going to your Directory and clicking on your SEARCH FRIENDS cell. This will take you to your members list. Once in the members list you can click the FOLLOW cell for each member you want to add to your Friends list.

To remove players from your Friends list, go to the members list and click UNFOLLOW for each player you want to remove from your Friends list.

Six of your Friends are displayed below the Find Players cell when you are making reservations and can be added to your reservation by clicking on the ADD cell below your friend's name.

Once names are permanently deleted they will no longer appear on your member list and cannot be UNFOLLOWED or removed from your Friends List.

If you have 2 email addresses in PlayByPoint (PBP), you may not receive email reminders of your court reservation. Please contact Fred Morrison, at docmorrison@comcast.net or MO in the office. Please let either one know the valid email address to be used.