



Courtside Chatter

THE PLACE FOR TENNIS IN VENICE

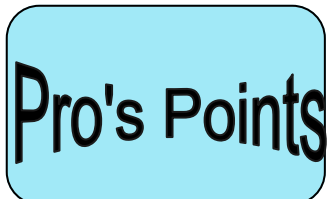
512 N. Auburn Road, Venice, Florida 34292

Phone 941-485-2000

November 2023

Email: Courtsidetc@gmail.com

Website: <http://www.courtsidetennisclub.com>



Courtside Family Members,

I am sure most of you have heard the old saying “**practice makes perfect,**” I am not sure who said it first, but I know that both Benjamin Franklin and Bruce Lee have been credited with saying it...I don't want to disagree with Bruce Lee, but the saying is inaccurate, because it makes a big assumption. It assumes that you will practice correctly.

Vince Lombardi is credited with a saying that address this assumption, and was closer to being correct, when he said “**practice does not make perfect, perfect practice makes perfect.**” Lombardi's quote, addresses the assumption that the kind of practice you are doing is the correct practice, but it still implies that you can achieve perfection.

The quote I prefer is “**practice makes permanent**” because I do not believe that anything can ever be perfect. When something is considered perfect, there is no more room for improvement. I do, however, believe that everyone has things they can improve and I also believe in trying to achieve perfection.

In sports, when you try to achieve perfection, though hard work, and practice, you will increase the odds, in your favor, that you will win. Once the motor skill that you are practicing (and hoping to perfect) becomes automatic, or permanent, then you should see an increase in the number of times that you perform it correctly, and that increase will translate into winning more points.

One important thing that you need to do when you are trying to improve a skill, is to learn enough about it to be able to self-correct. A way you can learn to self-correct is to take lessons from a qualified professional. Lessons can help you recognize and feel when you do something correctly or incorrectly. Lessons too can help you pinpoint where you need to make a correction, or what to focus on, and lessons also give you the repetitions you need to help ingrain the skill correctly.

Matt Liverman
Tennis Director/Head Tennis Professional

News from the Board

We are excited that our resurfacing and laser leveling project has been successfully completed. During the resurfacing project, we also made significant improvements to our sprinkler system. Four out of the five solenoids have been replaced, resulting in better water pressure and more even coverage on the courts. The courts are now playing exceptionally well, and we would like to express our thanks to everyone for their understanding and patience during the construction process.

Just a reminder to all members to utilize the “Hey Matt” forms if you notice any issues that require attention. Please fill out the form located on the porch and submit it to the office. Your feedback is crucial in helping us maintain the club's facilities to the highest standards.

We continue to work with Play By Point to make credit and debit card payments an option for our members. This could provide greater convenience and flexibility when it comes to managing your membership fees. Stay tuned for further updates on this exciting development.

The deadline is close for our upcoming November 11th Round Robin and lunch! As our snowbirds return, we would like to extend a warm welcome to them. We hope to see you all at this fun event.

Don't forget to save the date for our Holiday Party on December 9th at the Plantation Golf and Country Club. It will be a fantastic opportunity to celebrate the season with fellow club members. More details will be shared soon.

Keep enjoying the game we love!

Tom Lanigan
President

Courtside Board of Directors

Tom Lanigan—President
Debbie Cavness—Vice President
Lee Scott—Treasurer
Liz Morris—Secretary

Jim Flynn
Sandy Murphy
Sally Pym



Sean Frisbee & Mary Cook
Dawn Peterson

November Birthdays

JoAnn Donahue 3

Renee Walter 4

Bill Brenner 6

Randy Hoerauf 10

Bill Chapman 11

Michael Malott 12

Joan Hayes 16

Anne Rauthe 16

Don Rudy 18

Karen Pasternak 22

Steve Meyers 23

Kathy Stueve 24

Judy Breton 25



New Members

In Remembrance

Unfortunately, long time member, Larry LeBlanc, passed away on October 27, 2023.

The Courtside members who knew Larry know that he was a very “unique” and loved individual. Larry was 95 years old but had been in failing health the past few years.

Our hearts go out to his wife Janet, his family, and friends. We will let you know more information about a service or remembrance, once we have it.

REMINDER

Just a reminder that there is a defibrillator on the porch next to the office door in case of an emergency.



“Quote of the Month”

“Halloween is the only time people can become what they want to be without getting fired.”





Remember!

Tuesday—Late Bird Clinic with Ula 10:00-11:00

Wednesday— Early Bird Clinic with Matt-8:00-9:00

Wednesday—Men’s Weekly Clinic with Matt-9:00-10:00

Thursday—Shot of the Week with Ula 10:00-11:00

Call the office and reserve a spot or sign up on the bulletin board outside the office.

\$10.00 members—\$15.00 non-members

Dates to Remember

Mark your calendar!!

Nov. 5th Daylight Saving Time ends

Nov. 8th-Board Meeting @ 1:00

Nov. 11th-Round Robin & Lunch

Nov. 23rd-Thanksgiving
(Office will be closed)



After School Junior Tennis Program

There will no Junior Tennis Program the week of Nov. 19th-25th.

We will resume on Tuesday, Nov. 28th

Tuesday & Thursday **Ages: 8 & up** **\$15.00 per session per child**
4:00-5:30

Sign up sheets are in the office or please call 941-485-2000 for more information.

On-Line Reservation 8:00 am., 9:30 am., or 11:00 am

BOOK/CALL ON

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

TO PLAY ON THE FOLLOWING:

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

The on-line reservation system will now be open all year around including all holidays.

Sunday (Office is Closed)

*Court 4 is reserved for lessons & clinics

*Court 5—when available

*During League Play ladies and men will use designated courts as assigned by the Director of Tennis, beginning at noon.

Meet Your Courtside Family!

Bakty Barber

1. What brought you to Courtside:

My wife and I wanted to be near the beach and warmer weather. We lived in Atlanta for 25 years, so when I moved to Nokomis I was looking for competitive tennis. I was playing tennis at Calusa Lakes where I live and met Laura Carey who suggested that I look into Courtside and I am grateful for that.

2. How long have you been playing tennis and why tennis:

I injured my knees for the 3rd time playing soccer on a men's league. I just can't do that anymore. I needed to find a non-contact sport, competitive and still get a good workout. I started to play tennis in 2001. I started playing with no training, I just learned by watching people play. My knees can handle it better, not as much twisting as soccer.

3. Do you play other sports:

I love golf but it just takes too long out of the day. Tennis is a perfect sport for me.

4. Tell us about your Family:

I am married to a beautiful southern bell from East Tennessee. Tamazeen and I have been married for 39 years and have 2 boys Brant 38 and Kristian 26. Our 26 year old is our miracle baby born 2 lbs. He is healthy and the biggest one in our family. Both boys are married. Brant has 4 kids and Kristian has 3 kids. I really can't believe we have 7 grandkids!!

5. Where have you traveled to and where would you recommend your fellow Courtside Family to travel to and why:

We have travelled to many places. Austria, Malaysia, Indonesia, Singapore, Thailand, France, Costa Rica, England, Mexico, Canada, and Belize. We love traveling to Hawaii and Bali. These are 2 places that I highly recommend for members to go to. I like Bali because of the beautiful places, culture, and fruits you can't find here and your dollar goes a long way.

6. What did you do for a career:

I am currently working as a mortgage banker with Regions Bank helping my clients secure money for their dream home. I transferred from the Atlanta office to the Sarasota office. I can do loans in 36 states. I have been in the mortgage industry for 28 years and love helping people to make the mortgage process easier for them. I had my own mortgage company until the market crash in 2007.

7. What do you wish you knew more about:

I wish I knew more about trading the stock market. I am learning how to trade stocks and options. I would love to learn from someone who is retired from that industry. I wish I had that knowledge in my 20s.

8. What is something people at Courtside don't know about you:

I was born in Bandung, Indonesia and moved here when I was 10. I grew up playing football (soccer) the real football. I was High

School Coaches and Parade Magazine All American, Under 16 National Champion, selected to tryout for 1980 Olympic team. Unfortunately the United States boycotted the Russian Olympics, so I got to train for 3 weeks at the Olympic training center in Colorado. I earned a scholarship to play at NC State University. Started all four years and was team captain the last 2 years. I received All Atlantic Coast Conference honors. I was drafted in 1985 to the North America Soccer League (NASL) professional league but the whole league folded before I was able to play. I started coaching clubs teams and college teams after graduating.

9. What talent do you wish you had?

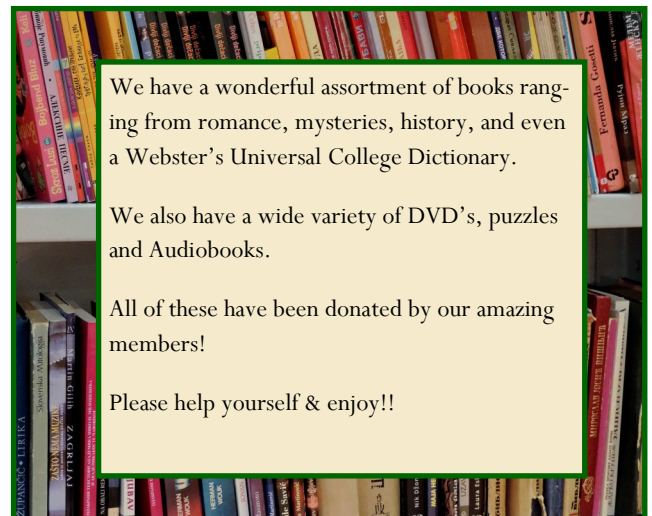
I wish I could play guitar, piano and sing.

10. What makes you you? What is the best thing about you?

I like to compete, have fun and spend time with good people. The best thing about me is that I am an easy going person.



Courtside's Library





Tai Chi for Health
Starting Tuesday, November 7, 2023
Every Tuesday 2:00-3:00 pm

I am a certified Tai Chi instructor in Traditional Yang Short Form and would like to offer free Tai Chi sessions to interested Courtside members.

Depending on the number of participants, we can meet outside either under the trees or on the cement area by the swimming pool. Each class will begin with Qui Gong breathing exercises and focus on practicing Yang style traditional short form.

Tai Chi originated in ancient China as a marshal art form. Today it is often practiced at a slow speed to promote health and wellness. Clinical studies have shown consistent Tai Chi practice improves strength, flexibility, balance, and overall fitness through low impact easily learned choreographed movements.

Tai Chi integrates the mind, body and spirit. It emphasizes harmony, balance, and change while helping us use our breath and movements to promote relaxation and a sense of wellbeing. For me Tai Chi is meditation in motion.

Tai Chi can be practiced anywhere. You don't need any special equipment. Wear comfortable clothes you can move freely in and secure footwear.

Join us on Tuesdays at 2:00. Beginners are always welcome. Call Gail Lanigan (815) 494-8507 for more information.

Informal Groups at Courtside

(M, T, W, Th, F) 8:00 am Contact Steve Robbins
venicewild@gmail.com phone: 941-416-5684

(M) 4:00 pm. Contact Kathryn Moen kpmoen@comcast.net

(M, T) 9:30 am 3.5 Women Contact Judy Edmunds
judied31@gmail.com or phone/text: 518-361-1453

(M, T, Th & F) 9:30 am 3.0-3.5 Men (November to May) Contact Joe Casale joecasale@att.net

(F) 9:30 am Men Contact Jim Clark
Clarkjm2521@gmail.com or text 224-656-3214

(T) Women 3.0 level Contact Liz Morris
maryelizabethmorris1@gmail.com

(Sun) Mixed doubles 8:00 am-social play. Contact: Frank Christman frank.christman@verizon.net 941-497-2904

(W) Mixed doubles 3.0 level and above, various times, all levels. Contact Steve Meyers Stevembakes@gmail.com

Happy First of the Month Friday!!

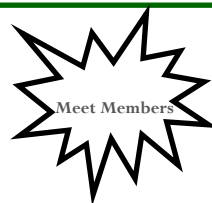
Nov. 3rd -5:00 pm

“Happy Hour”

BYOB & an appetizer to share

We will be celebrating November Birthdays!

Dessert will be provided



Monday Mashups



Name of Group: Monday Mashups

Date: Mondays

Time: 4:00 p.m.

Meet: Courtside near court #1

Contact: Katy Moen, if you would like to participate.

Email: kpmoen@comcast.net

Phone: 360-931-1490

Want to learn the game of Mah Jongg?

Join Courtside for a fun-filled afternoon of Mah Jongg every Monday at 1:00 pm.

Willing to teach new people. Sign-up sheets are on the porch.



Think Christmas

“Our Fundraising Committee is working on a Courtside 2024 Calendar. The goal is to have it completed for sale by mid to late November. We are excited to offer this and will keep you posted”.

Thanks,

Sandy Murphy

